



## *Meet the Grower*

# *Local Folks Foods Sheridan, IN*

LocalFolks Foods is proud to produce a variety of wholesome natural foods that capture the flavorful abundance of America's Midwest farm region. Our ingredients are harvested at their peak of ripeness to bring you the delicious "Flavor of the Midwest." We are committed to providing the best of our country's heartland bounty to your table year-round.

The LocalFolks Foods line originated with products made for local farmers' markets from ingredients grown on Steve and Anita Spencer's seventh-generation family farm in Sheridan, Indiana. We are now realizing our dream of producing the largest selection of products showcasing the flavors of the Midwest year-round. By partnering with family farms, farm cooperatives, and processors throughout the region, we help recreate and strengthen Midwest food networks and provide new opportunities for family farms as we continue to add to our line of natural and wholesome products.

Each LocalFolks Foods product is made with simplicity and quality in mind. Before you taste our richly colored and savory Stone Ground XXpress Mustard, Ketchup, Salsas and Sauces, let our labels tell you our story. Our delicious and healthy recipes never contain corn syrup, gluten, genetically modified or artificial ingredients. Our products are also fat free, lower sodium, and packaged in recyclable and health-friendly glass.

**LOCALFOLKS<sup>®</sup>  
FOODS**  
★★★  
*The Flavor of the Midwest*

*Bringing*  
**The Flavor**  
*of the* **Midwest**  
*to the world*



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