

Pink Grapefruit

Look:

Grapefruits are about the size of a softball or larger, with a pale yellow rind that resembles an orange.

Taste:

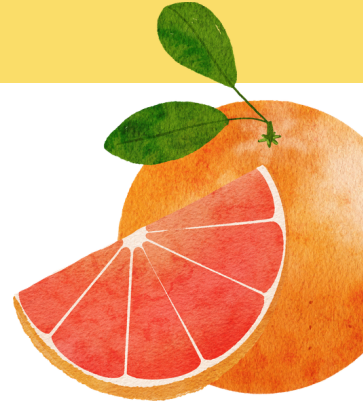
The pink grapefruit has a sweet/tart taste. Which does it taste more like to you? Sweet or tart?

Touch:

Pink grapefruit have a grooved exterior and a plump juicy interior; similar to an orange.



Is the color of the outside of the fruit the same as the inside?



Did you know?

- *The official fruit of Texas is the grapefruit!
- *Grapefruit was originally called "the forbidden fruit."
- *Jamaicans coined the term "grapefruit" because the fruit grew in bunches like grapes.

Nutritionals

- ✓ High water content
- ✓ Packed with antioxidants
- ✓ Excellent source of beta carotene
- ✓ One serving of grapefruit provides nearly 64% of your daily vitamin C needs.