

Black Seedless Grapes

Look: Black seedless grapes are slightly oval in shape. Their skin is a deep purple to nearly black.

Taste: Black seedless grapes are juicy with a sweet tart taste.

Touch: Black seedless grapes have a smooth, leathery covering.



Although black seedless grapes are defined as “seedless”, occasionally they will contain one to two very tiny, edible fleshy and underdeveloped seeds. Do your grapes have any seeds?



Did you know?

Black seedless grapes' unique color comes from their high concentration of anthocyanins, an antioxidant responsible for the color of other black, purple, and blue fruits and veggies.

Nutritionals



Black Seedless Grapes are a good source of:

Vitamin C



Improves iron absorption, produces collagen, and boosts your immune system.

Vitamin A



Boosts body's immune function, cell growth and development, and eye health.