

Orange Grape Tomato

Look: Orange grape tomatoes are an oblong oval shape. Their stems are dark green in color.

Taste: Orange Grape Tomatoes have a perfect sugar to acid balance for a rich, sweet taste. These have a meaty & crunchy snap when bitten into.

Touch: Orange grape tomato skin is smooth, glossy, taut, bright orange, and semi-thick. Underneath the surface, the flesh is dense, orange, and meaty, containing a chewy, soft consistency.



Q

A

Q: What is the difference between a grape tomato and a cherry tomato?

A: Grape tomatoes are oblong and shaped like grapes, and are half the size of cherry tomatoes, with thicker skins. Grape tomatoes aren't as sweet as cherry tomatoes, and their flesh is meatier and less watery.

Did you know?

Grape tomatoes are descendants of a hybrid tomato variety first developed in Taiwan and were introduced into the U.S. in 1996. The small tomatoes were named due to their similarity in size and shape to a grape.

Nutritionals

Orange grape tomatoes are a good source of **fiber** to stimulate the digestive tract and are rich in **lycopene**, a pigmented antioxidant that helps to maintain heart health.

Tomatoes also contain **vitamins A and C** to strengthen the immune system, boost collagen production, reduce inflammation, and provide lower amounts of phosphorus and potassium.

Vitamin A

Vitamin C

Potassium

Lycopene

Phosphorus

Fiber