

Red Radish



Look:

Red Radishes have a round oval shape with a single long taproot. The outside color ranges from red to crimson to pink and the inside is bright white!

Taste:

Red Radishes have a sharp, peppery flavor. If cooked, the flesh will soften and mellow the peppery taste.

Touch:

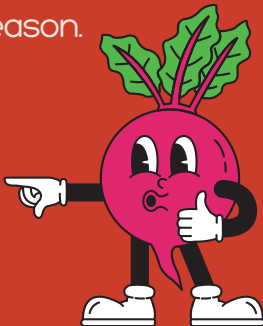
The radishes skin is smooth and thin. The green tops are soft and ruffy.

The green leaves on a red radish are EDIBLE!



Did you know?

In Mexico, red radishes are used to create carvings for a celebration held on December 23rd to gather communities and commemorate the holiday season.



Nutritionals

Radish Roots

Calcium

Iron

Potassium

Red Radish

Vitamin C

Fiber

Magnesium