

Rambutan

Look:

Rambutan are covered in a semi-thick, firm, and leathery rind, with soft, spines on the surface. Underneath the rind, the flesh varies from white, translucent, to pale pink encasing oblong, light brown seeds.

Taste:

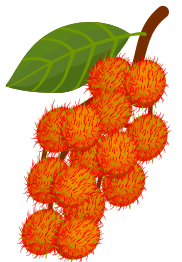
Rambutans are aromatic and have a sweet, fruity flavor with mild acidity, containing subtle notes of strawberries and grapes.

Touch:

The soft, flexible spines on rambutan are called Spinterns. They look sharp like they will poke you, but they are actually soft and bendy. The fruit inside is smooth and slightly sticky.



Rambutans grow on tropical evergreen trees in clusters just like grapes!



Did you know?

Rambutans get their name from the Malaysian word "Rambut" which means hair!



Nutritionals

Copper

Helps maintain bones and nerves!

Vitamin C

Strengthens the immune system and reduces inflammation!

Fiber

Regulates the digestive tract!