

Nectarines



Look:

The nectarine has a golden yellow base, mixed with hues of ruby, crimson, and orange. Underneath the surface, has a golden yellow or white flesh. The center is red encasing a central pit. It looks like a sunburst!

Taste:

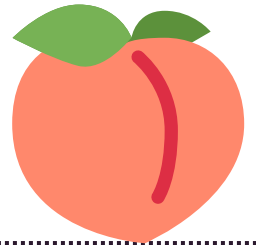
Nectarines are sweet when in season, but can be tart depending on the ripeness and variety.

Touch:

The nectarines skin is smooth, glossy and delicate bruising easily. The flesh is juicy and soft, but the part around the seed is a rough texture.

Q: What is a big difference between a nectarine and a peach?

A: Nectarines do not have fuzz like a peach does!



Did you know?

Nectarines are part of the stone fruit family, which means they have a large seed in the center!



Nutritionals

