

Blackberries

Look:

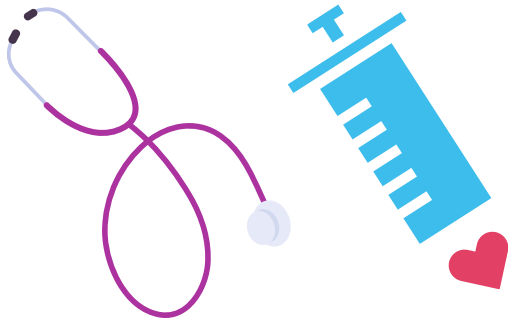
Blackberries change colors during ripening from green to red to black. Blackberries when ripe, have a deep inky shine with purple highlights. They are round to oval shaped.

Taste:

They are soft and juicy, and their sweet-tart flavor and earthy quality allows them to be used in both sweet and savory recipes.

Touch:

Blackberries have soft, smooth, round ball-like segments surrounding a green core.



Blackberries have been used for medicinal purposes for ages

Did you know?

Blackberry leaves can be turned into tea to drink!



Nutritionals



Antioxidant Powerhouse:

Blackberries have one of the highest antioxidant levels of all fruits, due to their deep blue color.

