

Fuyu Persimmon

Look:

Fuyu Persimmons have flat bottoms and are round like tomatoes. Most of them are seedless, but you might find one or two seeds inside.

Taste:

Fuyu Persimmons are crisp, sweet, and creamy with a little taste of vanilla or cinnamon.

Touch:

Fuyu persimmons skin is thin, smooth and glossy. The inside is pale orange, dense, juicy and crisp. As the fruit matures, it will soften slightly.



If you slice a persimmon horizontally, you will see a festive star-patterned center!



Did you know?

Persimmons are considered lucky in China and often given as wedding gifts.



Health Benefits

Vitamin C	Strengthens immune system
Potassium	Balance fluid levels
Fiber	Regulates the digestive tract
Vitamin E	Reduces inflammation
Phosphorus	Repairs tissues and cells
Vitamin K	Assist in wound healing
Calcium	Build strong bones and teeth