

Red Cactus Pear



Look: The Red Cactus Pear is oblong in shape. It can range in color from green to red, with orange shades in between. The skin is thin on the outside but has a thick layer underneath that should be peeled off before eating.

Taste: Depending on the ripeness, the red cactus pear can range from slightly sweet to syrupy sweet. They have small, hard seeds you can't bite through, but they are safe to swallow.

Touch: The Red Cactus Pear has little spots on them that are not thorns, but glochids that stick to your skin when touched. The inside is moist.

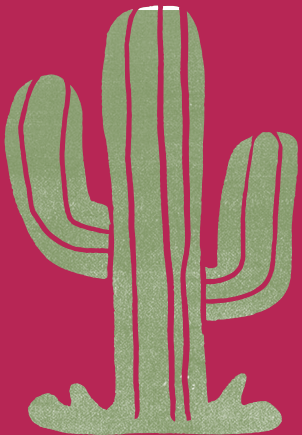


Red cactus pears are known for hydration and medicinal use



Did you know?

Red Cactus Pears come from the Opuntia Cactus



Health Benefits

