

Rutabaga

Look:

The Rutabagas root is yellow at the tip with a dark purple stain at the top. Roots kept underground for a longer period of time can range in color from white to yellow to all purple. The flesh is yellow.

Taste:

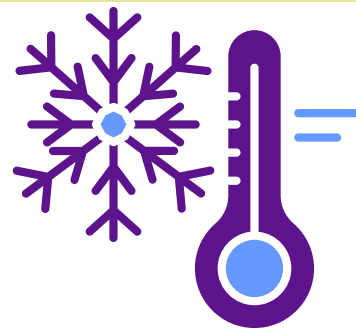
Rutabagas have a milder taste than turnips. When cooked, the flavor is sometimes described as sweet, yet savory.

Touch:

Rutabagas skin is rough. The inside flesh texture is firm and fine-grained.



Rutabaga are available year-round but, they are a, cold-weather crop that gets sweeter after the first frost.



Did you know?

Rutabaga are a cross between a turnip and a cabbage!



Health Benefits

