

Radicchio

Look:

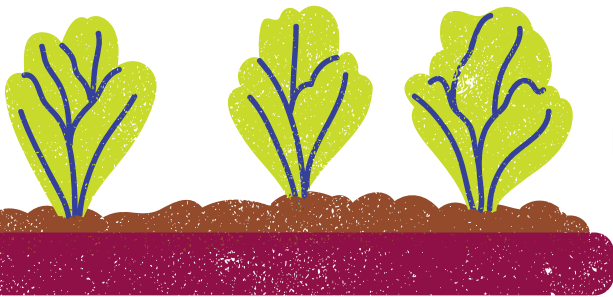
Radicchio is a small round head of lettuce with dark red to purpleish coloring that can have touches of green on the tips of the outer leaves. It has a white ribbing that is from the root.

Taste:

Radicchio taste is bitter sweet with a crunchy texture.

Touch:

Radicchio leaves are thin and feels waxy. The white ribbed lines are raised.



If you cut carefully just above the root when harvesting radicchio, it will regenerate a new head!

Did you know?

Although radicchio is often used in salads, it is not considered lettuce! It is part of the daisy family.



Health Benefits

